



## Region V Testimonials

★ "I applied to the Leadership Academy because I saw it as a valuable opportunity to expand my knowledge of the ASCLS organization while also strengthening my assertiveness as a professional. Through this program, I gained not only a network of mentors but also lifelong friends who provided support during pivotal moments in my career. This program is uniquely designed for Medical Laboratory Professionals, offering a strong network of experienced leaders who have navigated the complex decisions that emerging leaders may encounter.

~Jessica Fry, North Dakota  
Leadership Academy Graduate 2022-23

★ "I applied to the Region V Leadership Academy to expand my knowledge of the American Society of Clinical Laboratory Science as a whole. The Region V Leadership Academy team quickly helped me realize that I can make a difference within our professional organization. The result of attending and graduating from the academy has been rewarding in such that I am applying to take on a new and exciting Leadership role for ASCLS-SD. Another benefit of attending the Academy is that the networking possibilities are endless! I would recommend anyone who is interested in any type of Leadership role within the Laboratory or within our professional organization attend the Region V Leadership Academy."

~Jennifer Keimig, South Dakota  
Leadership Academy Graduate 2014-15

★ "The ASCLS Region V Leadership Academy is a wonderful opportunity for ASCLS members from Minnesota, South Dakota, North Dakota and Wisconsin to experience the National Academy on a local level. If you are interested in learning about ways to lead, and expand your knowledge this is the program you should apply for. The one year commitment is nothing compared to the lifelong information you will learn and use."

~Sharon Reistad, North Dakota  
Leadership Academy Graduate 2014-15

★ "Participating in the ASCLS Region V Leadership Academy has given me added confidence in taking on new and exciting leadership roles – both in ASCLS and my career. The program helped me explore and develop my personal leadership style with the support of experienced laboratory leaders. I would highly recommend the Region V Leadership Academy to anyone wanting to expand their horizons and grow as a leader."

~Karen Larson, Minnesota  
Leadership Academy Graduate 2013-14

## Leadership Academy Information & Contacts

- ★ For complete program and application information visit our ASCLS Region V Leadership Academy webpage at:

[www.regionvascls.online/leadership-academy.html](http://www.regionvascls.online/leadership-academy.html)

- ★ Who to contact for additional Leadership Academy information:

- ✓ Any Leadership Academy Committee Member. Contact information on the Academy webpage
- ✓ Any ASCLS-MN, ASCLS-ND, ASCLS-WI, or ASCLS-SD Board of Directors members. Contact information can be found on the state society's webpage at:

[www.asclsmn.org](http://www.asclsmn.org)  
[www.asclsnd.org](http://www.asclsnd.org)  
[www.ascls-sd.org](http://www.ascls-sd.org)  
[www.ascls-wi.org](http://www.ascls-wi.org)



## Leadership Development and Personal Growth that Impacts your Profession and your Workplace

**Leadership Academy Sponsors:**  
ASCLS-Minnesota  
ASCLS-North Dakota  
ASCLS-South Dakota  
ASCLS-Wisconsin

# ASCLS Region V Leadership Academy....

## MISSION

The ASCLS Region V Leadership Academy will provide guidance, education and resources at a regional level to prepare ASCLS members for leadership roles in ASCLS, within the profession and the workplace.

## GOALS

- ★ Provide a structured regional Leadership Academy that will prepare our members to become future leaders in ASCLS and within the profession of Medical Laboratory Science.
- ★ Identify members with potential to become leaders in ASCLS and invest in their growth and development.
- ★ Provide the Leadership Academy participants with resources, skills and knowledge to prepare them and allow them to succeed in leadership roles.

## BENEFITS

### Leadership Academy Participant Benefits

- Gain confidence to step into leadership roles
- Enhance personal and professional knowledge and skills to be successful
- Have opportunities to be mentored by and learn from ASCLS leaders
- Broaden professional network of friends and peers within ASCLS
- Acquire experience to identify and successfully achieve goals

### Benefits of a Regional Program

1. Minimal time away from home and cost for the participant
2. Host state societies assist with their state members' participant expenses
3. One-year program – October thru October
4. Develop a network of regional professionals

## PROGRAM HIGHLIGHTS

- ★ Face-to-face meetings
- ★ Group projects
- ★ Virtual meeting sessions
- ★ PACE credits awarded

## CURRICULUM SUMMARY

The curriculum will be studied over the course of a year, beginning with a Region V Symposium and ending with graduation at the following Region V Symposium.

Virtual Meetings and a retreat will be held during the year.

### Topics of study and activity will include:

- ★ History of ASCLS
- ★ Leadership and communication styles
- ★ Goals and strategic planning
- ★ Organization skills and time management
- ★ Conflict management
- ★ Conducting successful meetings
- ★ Professional advocacy
- ★ Recruitment strategies
- ★ Leadership book discussions
- ★ Group teambuilding projects
- ★ Participation in meetings

For detailed curriculum information, visit the Leadership Academy webpage:

[www.regionvascls.online/leadership-academy.html](http://www.regionvascls.online/leadership-academy.html)

